

Lotions & Creams

Unscented

- Avon Pure Care
- Aquatrain
- Kei
- Oil of Olay
- Lubriderm
- Marcelle
- Almay
- Clinique
- Elacare
- Vaseline Dermatological Formula
- Vichy
- Neutrogena
- Complex 15

Fragrance-Free

- The Body Shop (no color added, no scent added, no masking agent)

Deodorants

Unscented

- Avon “On Duty 24 Plus”
- Marcelle
- Crystal Rock
- Mitchum
- Ban
- Lady Speed Stick
- Secret
- Soft & Dry
- Arm & Hammer

Fragrance-Free

- Degree
- Kiss My Face
- Life Brand

Hand & Body Soaps

- Dove
- Jergen Naturals
- Neutrogena
- Aveeno
- Levers
- Ivory
- The Body Shop
- Our Best Body Wash

Want to Know more?

The New Brunswick Lung Association has more information including:

- A Guide to Creating a Scent-Free Policy
- No-Scents Makes Scents
- The C.A.N.DO Home Inspection Guide
- C.A.N.DO Fact Sheets
- Second-Hand Smoke – The Facts
- Asthma – Facts About Your Lungs

Consumer Scent-Free Choices

A Scent-Free Environment

Scent-free policies are being established in many public places including hospitals, schools, places of worship, and the workplace. As people become more aware of the adverse health effects created by scented products, more policies will be developed.

Scents from products linger in the air long after you lose your sense of smell for them. (It is a natural response by your brain to “block out” a smell after only a few minutes of exposure).

When just one person wearing a scented product walks through a room, the scent lingers. So, even a visitor can bring enough scent to cause problems in an enclosed space.

When choosing scent-free or fragrance-free, it is important to be an informed consumer. A product that is “fragrance-free” is likely to be totally odourless. A product labeled “scent-free” could mean that no scent has been added to the chemicals already used to make it.

Scent-Free Products

Remember, before you buy: read the label and look for “scent-free” or better still, “fragrance-free”. But, since these terms are not regulated, use your nose! Or ask a store clerk to check the product for a perfume smell.

The following is a list of some scent-free / fragrance-free products. Please note that other products are available.

Shampoo

- Nature Clean
- Liquid Glycerin
- Marcelle
- Earth Science Pure Essentials
- KMS Puritives
- Aveda

Conditioners

- KMS Puritives
- Aveda

Hair Gel/Mousse

- Mary Kay Mousse
- KMS Puritives
- Aveda
- Alberto

Shaving Cream

- Unscented – Right Guard
- Edge Gel
- Fragrance-Free Aveeno Shaving Gel

Hair Spray

Unscented

- Alberto
- Finesse
- Adorn
- Tame
- Clairol Final Net
- VO5
- Pantene
- Salon Selectives
- Vidal Sassoon
- Infusium
- Fragrance-Free
- KMS Puritives
- Marcelle

Laundry Detergent

Unscented

- President’s Choice
- Shaklee Products
- Tide Free
- Down East
- Borex
- Fragrance Free
- Tri-Clean Laundry
- Disks

Fabric Softeners

- Bounce Free